

**Daily Reflection on Scripture**  
**Week of May 6**  
**God is Relational**



**Sunday May 6**

*Exodus 3:14 God said to Moses, "I-AM-WHO-I-AM. Tell the People of Israel, 'I-AM sent me to you.'"*

**Morning Prayer:** God as I arise from sleep and prepare for the day ahead, may I know with full confidence that you go with me where it is that I go. You go alongside and before me reminding me that You are faithful to all of Your promises. More than just knowing that You are with me, may I also experience in a tangible way Your unending love for me. May my eyes be open to see, my ears open to hear and my hands ready to serve. Thank you God being who You are and for making me who I am as well.

**Prayer for Generations to Come:** God, I know the need to be with our children and students is great. Help me to overcome any obstacles that might be stopping me from committing to just one Sunday a month to be Your presence of love to our children and students. May it be so.

**Noontime Pause:** How connected do you feel to God right now? Take in a deep breath saying, Yah. Release it saying Weh. Feel God as close as your breath in this moment.

**Evening Prayer:** As I prepare to lay down for rest, I will still breathe many breaths while sleeping. Even in my sleep may I be aware of your presence in each breath.

**Monday May 7**

*Jeremiah 32:26-27 Then GOD's Message came again to Jeremiah: "Stay alert! I am GOD, the God of everything living. Is there anything I can't do?"*

**Morning Prayer:** As I prepare for the day at hand I ask that You help me to stay alert to Your presence with me throughout the day. I hope to see You in the faces of others. I hope to experience You in the gentle breeze so I feel Your closeness with all of creation. When the day gets rough, may I remember that there is nothing so big that You cannot help me do. Amen.

**Prayer for Generations to Come:** God, I am worried for the future of our children and students. Instead of worrying, help me to see how I can be involved. Help me to move beyond my fears and step into the role of being a loving presence to our children and students on Sunday morning. May it be so.

**Noontime Pause:** With all you have been doing so far today, how have you experienced the closeness of God? Breathe in Yah. Breathe out Weh. Breath by breath God is with you.

**Evening Prayer:** God, as I begin to think of evening rest help me to set aside the work that still needs to be done. Help me to rest well, while believing that there is enough.

**Tuesday May 8**

*Deuteronomy 4:39 Know this well, then. Take it to heart right now: GOD is in Heaven above; GOD is on Earth below. He's the only God there is.*

**Morning Prayer:** God above and God below, I long for a relationship with You today. May I feel You in my breathing. May I see You in opportunities to serve. May I know that You also long for a relationship with me in even greater ways than I do with You. May I remember that relationships go both ways. As I need You today,

You also need me to be Your hands, feet, smile, embrace and words of hope today. Thank you, God for being for, with and alongside me all day long. Amen.

**Prayer for Generations to Come:** God, my heart breaks for the children and students these days. They live with so much pressure and fear. I hold them in my heart with prayer every day. But I am beginning to wonder if my prayer needs to move from my heart to my hands. Help me to discern how I might get involved. May it be so.

**Noontime Pause:** Know this well. Take it to heart right now: GOD is in Heaven above; GOD is on Earth below. Pause, feel God's love flowing through your veins. Breathe by breath.

**Evening Prayer:** God, as the sun is setting, my body, mind and soul are ready for rest. May I be able to set aside my anxieties and in the morning awaken refreshed and renewed.

### **Wednesday May 9**

*Psalm 100:3 Know this: GOD is God, and God, GOD. GOD made us; we didn't make GOD. We're his people, his well-tended sheep.*

**Morning Prayer:** God, I am reminded by this morning's scripture that like a good shepherd You are always with me. Forgive me for the times I have tried to make You fit my image of who I think You should be. Help me to celebrate how You have made me in Your image of love, grace, forgiveness, compassion and service. In Your image may I create an environment of acceptance for all Your people today. Amen.

**Prayer for Generations to Come:** God, I remember the important adults in my life growing up. They guided me; they encouraged me; most of all they loved me, and I knew it. I know that our children and students need what I had. Give me wisdom to change the things in my life that are holding me back so that I may be to our children and students what adults were to me. May it be so.

**Noontime Pause:** God, already the day feels long. So I pause to breathe in Yah and breathe out Weh. May Your life giving breath fill me with all I need to complete the day well.

**Evening Prayer:** God, I need to detach from the many things that have kept my mind busy and made my body tired. May Your love help me to rest and rise up strong in the morning.

### **Thursday May 10**

*Revelation 1:8 "I'm A to Z. I'm THE GOD WHO IS, THE GOD WHO WAS, AND THE GOD ABOUT TO ARRIVE. I'm the Sovereign-Strong."*

**Morning Prayer:** God, from beginning of this day I recognize who You are. You are the beginning and the end. Your love is the strength that holds all things together. May I feel Your unconditional love holding me all day long. May I be available to hold the pain and struggles of others. You are my God. I am Yours. Today we walk together into all that is and all that will be. Thank you God for being my A-Z. Amen.

**Prayer for Generations to Come:** God, the church has such an important gift to give to families and communities. I see how the church is losing its foothold in society and my heart is sad. Instead of blaming younger generations for not showing up, I ask myself why I am not showing up to share the love of God with our children and students. Give me wisdom to know the reasons. May it be so.

**Noontime Pause:** In every moment today you have been breathing. Each breath is a prayer. Keep breathing. Keep praying. Keep your eyes open and you will see God all around you.

**Evening Prayer:** God, from dawn until dark I have given myself to work. Now I am ready to care for myself by preparing for a night of rest. I rest knowing that You are with me.

### **Friday May 11**

*John 11:25a You don't have to wait for the End. I am, right now, Resurrection and Life.*

**Morning Prayer:** God, I recognize this is the first day of the rest of my life. After a night of sleep, I am resurrected to new life for this new day. All week long You have met me right where I have been. In each of those encounters You have offered me the opportunity to find renewed hope and the gift of new life. Daily You have been the resurrection and the life that I have needed. You are the great I AM that is for me, with me, and always walking along side me until the very end. Thank you, for being such a relational, caring and compassionate God. May I be relational, caring and compassionate with others all day long. Amen.

**Prayer for Generations to Come:** God, the truth is sometimes it is just easier to give money to a need than it is to give the gift of my time. The truth is on Sundays I am tired and need a break. My intent is not to be selfish and yet I need to care for myself. And yet one Sunday a month is doable. Help me to believe that and then act on my belief. May it be so.

**Noontime Pause:** Thank God it is Friday. More importantly thank you God for helping me make it through the week. Thank you for loving and sustaining me with Your breath of life.

**Evening Prayer:** God, the end of the day fast approaches. All week you have approached me through others, nature, and more. Now, I prepare to rest with gratitude in my heart.

## **Saturday May 12**

*John 9:5 For as long as I am in the world, there is plenty of light. I am the world's Light.*

**Morning Prayer:** God, the morning light has come and it reminds me that You are the source of the light of the world. In the beginning You gave us the morning and day time sun to overcome the darkness of night. At night the sun sets but only for a little while. This morning is proof that Light cannot be hidden. I welcome Your light into every fiber of my being. I hear You say that I am the light of the world as well. May I shine the light of Your love in all the places where darkness tries to overcome. Today, no matter the weather, I thank you for being the world's light. Amen.

**Prayer for Generations to Come:** God, the weekends are precious to me. It is the only time we have to do certain things as a family. And yet this idea of serving only once a month shouldn't be that big of a problem. I want to be able to honor both my family at home and my church family. Help me to find a way to do both. May it be so.

**Noontime Pause:** God, as the noontime sun reaches its peak, I am reminded of the heights of Your love for me and all Your creation. May Your light shine brightly through me.

**Evening Prayer:** God, as the night sky begins to fall and darkness covers the earth. I can rest tonight knowing that the light of Your love will rise and shine on me tomorrow.