

**Daily Reflection on Scripture
Week of January 27
Love Wins Week 4
Choices**



Sunday January 27

TODAY LOVE WINS: Every time we choose to love instead of holding a grudge. Every time we choose to forgive in the way Jesus taught, then love wins, and when love wins we all win.

Scripture: Deuteronomy 30:19 I call heaven and earth as my witnesses against you right now: I have set life and death, blessing and curse before you. Now choose life—so that you and your children may live.

Morning Prayer: God, today will be full of many choices. Help me to keep love at the center of each of them. I want to make choices that offer hope and life. I want to choose to not hold onto resentments. I want to choose blessings over cursing. I want to choose gentleness over harshness. So today may I remember the times when others have chosen to love and accept me when I offended them. May I remember that every time I choose love I am choosing to live free of the burdens of resentment and anger. So today, in all my choices help me to choose love. May it be so.

Noon Text: Remember to choose love instead of holding a grudge. Every time you choose to forgive in the way Jesus taught, then love wins, and when love wins we all win.

Evening Text: God, as I prepare to rest I choose to pray for those who have hurt me today. I want to be free of the burden of any grudges. I want to rest fully in Your love.

Monday January 28

TODAY LOVE WINS: Every time we choose to love instead of judging someone because of their difference. Every time we choose to love in the way Jesus taught, then love wins, and when love wins we all win.

Scripture: Proverbs 16:16 How much better to get wisdom than gold! And to get understanding is to be chosen rather than silver!

Morning Prayer: God, I understand that the gift of greater wisdom would lead me to choose to love in all situations. That gift would be priceless, far greater than any amount of gold or silver. It would enrich my life in countless ways that I can't even imagine. I also know that You have said if any of us lacks wisdom we should ask you for it. So God, that is my prayer today, that I may find greater wisdom than I possess today, and that it will lead me to choose love over every other response. May it be so.

Noon Text: Where do you need God's wisdom in your life today? Is there some situation where you are struggling to choose love? Ask God for the wisdom to choose love.

Evening Text: God, as I reflect on my day, I have done my best to choose love. Tonight I rest in Your strength to do better tomorrow. I will rest tonight in that hope.

Tuesday January 29

TODAY LOVE WINS: Every time we choose to love instead of speaking a harsh and condemning word to someone. Every time we choose to love in the way Jesus taught, then love wins, and when love wins we all win.

Scripture: I Corinthians 16:14 Let all that you do be done with love.

Morning Prayer: God, I have a lot on my list to get done today. So before I dive in and get caught up in the doing I will spend a few moments with You and prepare my heart and my mind for the day ahead. In this way I can ready myself for the tasks but more importantly ready myself to approach all that I have to do with love in my heart. That's not always easy but it is a choice I make. Today help me let love win in the way I approach my to-do list, in the way I encounter others. May it be so.

Noon Text: Reflect on the words you have spoken to others so far today. Are they negative or hurtful? Let your words be positive & affirming. In this way you convey love.

Evening Text: God, Your love overwhelms me, affirms me and inspires me. I don't always succeed but I pray that I can offer that same affirming love to others.

Wednesday January 30

TODAY LOVE WINS: Every time we choose to listen to the voice of love and not fear. Every time we choose to love in the way Jesus taught, that hen love wins, and when love wins we all win.

Scripture: John 13:35 Your love for one another will prove to the world that you are my disciples.

Morning Prayer: God, thank you for teaching me how to love through Your son Jesus. As his follower, I ask You to continue to help me open my heart so that in each relationship Your love shines through. From family to friends to neighbor to coworkers and to the cashier at the grocery store and beyond, Your Love wins when I show Jesus' love in my words and actions. May it be so.

Noon text: Someone may disappoint you by their words or actions. Show love through forgiveness and understanding which God does for you over and over again.

Evening Text: God, today I faced a challenge, but showed love in my response. This will be my goal from this day forward. Love wins when I love as You love me.

Thursday January 31

TODAY LOVE WINS: Every time we choose to show love by helping a person in need. Every time we choose to love in the way Jesus taught, love wins, and when love wins we all win.

Scripture: Psalm 119:64 The earth is filled with your love, O Lord...

Morning Prayer: God, I can see Your love in Your earthly creation, the pure beauty of the red rose, the comforting sound of the mountain stream, the grand majesty of the tallest peak. May I always choose to be a steward of the earth a champion of all that You have made out of love for us. May it be so.

Noon Text: The earth is filled with the love of God. You are also filled with God's love. Choose to participate in God's love through your words and actions and love wins.

Evening Text: God, as the day draws to a close, let me reflect on the beauty of your creation and its embodiment of Your love for us. In that I find peace and rest.

Friday February 1

TODAY LOVE WINS: Every time we choose to love instead of judging someone because of their difference. Every time we choose to love in the way Jesus taught, then love wins, and when love wins we all win.

Scripture: Luke 6:35 Love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great...

Morning Prayer: God, this is one of those really challenging scriptures. I don't want to love my enemies. It is hard to do good to them. And to be honest even when I lend something to an acquaintance I don't always do it freely, expecting nothing in return. How much harder to do so with my enemy. Enemy is a harsh word and I guess that's the point. Help me to get over thinking of someone as an enemy. Do I call them my enemy because they look, speak, think or believe differently than I do? Or because I think they did me harm? Am I judging them without first trying to understand them? Help me to look without judgement and no longer label people as my enemies. Let me approach them with love in my heart. May it be so.

Noon Text: Pause and reflect on what a difference it makes when you are able to set aside differences and reach out to everyone with love and respect. Then we all win.

Evening Text: Another week at an end. There is so much I am grateful for but most of all for Your love. I experienced it this week in the beauty of Your incredible creation.

Saturday February 2

TODAY LOVE WINS: Every time we choose to seek understanding before we are understood, love wins. Every time we choose to love in the way Jesus taught, then love wins, and when love wins we all win.

Scripture: I Chronicles 16:34 Oh give thanks to the Lord, for God is good; for God's steadfast love endures forever!

Morning Prayer: God, this morning I begin my day with gratitude. I pause and think of all the good that has happened this week. In spite of all the challenges, Your love has held me up. I am still alive. I still have friends. I still have this day to enjoy. Thank you for a love that is steadfast and sure. Help me choose to live today with gratitude and joy. Help me to choose to not ruminate on the negative but focus my attention on the positive. Help me to share Your love for me with others. May it be so.

Noon Text: Everybody wants to be understood. Every time you choose to seek to understand someone before being understood yourself, you are choosing to love. Choose love.

Evening Text: God, I choose to close my day with gratitude. I am blessed. I am alive. I am loved. I am choosing to fill my heart with gratitude so I can rest in love.