

**Daily Reflection on Scripture**  
**Week of February 2**  
**Fear-Less Hope-Full**



**Sunday February 2**

*Scripture: Isaiah 43:19 I (God) am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert.*

**Morning Prayer:** God, I have to confess that I don't always perceive what You might be doing in the world. To be totally honest, sometimes I wonder if You are doing anything at all hopeful in the world. Sometimes I say, "Where's the hope?" Why can't I see it? Why does it feel like it is almost too late to bring positive changes? Yet, I read in today's scripture about Your desire for new things to spring forth. So my prayer is that You help me to open my eyes to see, my ears to hear, and my mind to perceive the new things You are doing to bring healing to Earth. Maybe my problem is, I am looking for You to do something big, even grandiose when in reality You are wanting me to do small things that bring hope and healing to my family, friends, co-workers, and neighborhood. Help me to know it's never too late to do small things that can have a big impact on me and others. In this way, I will begin to see Your new things coming to life. May it be so.

**Morning Focus:** God is always doing new things. They are springing up all around you. All you have to do is keep your eyes, ears, and mind open to perceive the new things that God is doing to help you to do what you cannot do by yourself.

**Noon Text:** May you never give up. It is never too late to make a difference, big or small. Ask God to help you stay the course and always hold onto hope.

**Evening Text:** God, as I slow down, unwind, and turn my attention to rest, may I know that even in my sleep You are still doing new things in me and in the world.

**Monday February 3**

*Scripture: Luke 18:27 "What is impossible for people is possible with God."*

**Morning Prayer:** God, there are days when I wake up and think of all that lies before me and I think it is simply impossible to meet all the demands. Then I remember this treasured promise that what is not possible for me alone is still possible with You. I am calmed and reassured by that knowledge. Help me to move into the world today with a calm focus, not stressing about what is to come later in the day, but only keeping my eyes on this moment, knowing that You are with me. That way I can live fully into each moment, and little by little I will accomplish all that I need to accomplish this day. What a wonderful truth for me to carry with me today and every day. May it be so.

**Morning Focus:** God is always doing new things. They are springing up all around you. All you have to do is keep your eyes, ears, and mind open to perceive the new things that God is doing to help you to do what you cannot do by yourself.

**Noon Text:** We want to accomplish much each day but we have our human limitations. Remember that with God we can do far more than we can ever dream or imagine on our own.

**Evening Text:** I am grateful for Your endless creative possibilities. When I can't see my way forward, I will rest in Your recreating love, knowing all things are possible.

## **Tuesday February 4**

*Scripture: Galatians 6:9 So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.*

**Morning Prayer:** God, sometimes it just seems like my attempts to do what I think is right and just, to effect change in the world, even my little corner of it, are simply fruitless. I can't see any positive results and that makes me want to give up. It's hard; it's discouraging; it's wearying. As in so many aspects of my life I want instant gratification. When I can't get instantaneous results I am tempted to just move on to something else, something easier. So I need this reminder that Your time is not my time. Doing what is good and right as modeled in the life of Jesus is worth the effort, worth the time invested, worth the wait. The blessing I receive will be the knowledge and satisfaction of knowing that my efforts can make a difference if I just hold on. May it be so.

**Morning Focus:** God is always doing new things. They are springing up all around you. All you have to do is keep your eyes, ears, and mind open to perceive the new things that God is doing to help you to do what you cannot do by yourself.

**Noon Text:** Is trying to do the 'right' thing wearing you down? Remember God is with you in the midst of it all. Be patient. Don't give up. Bless others by persevering.

**Evening Text:** God I will rest well tonight knowing that I gave it my all today. In the struggles of the day You were there; Your love and grace sustained me.

## **Wednesday February 5**

*Scripture: II Peter 3:8-9 But you must not forget this one thing, dear friends: A day is like a thousand years to the Lord, and a thousand years is like a day. The Lord isn't really being slow about a promise, as some people think. No, God is being patient for your sake.*

**Morning Prayer:** God, this scripture can invite feelings of confusion and frustration, until I remember Your unconditional love for me. Your love allows me to put complete trust in You and Your timing. Whether I sigh in exasperation or exhaustion or relief, my breath is a reminder that You are with me, as close as my breath. In every moment, throughout one day and throughout a thousand years, You are with me, alongside me in every step. Your unwavering presence of relentless love fulfills Your promises. Help me to be mindful in each moment so that I can experience this love and show it to the world in Your name. May it be so.

**Morning Focus:** God is always doing new things. They are springing up all around you. All you have to do is keep your eyes, ears, and mind open to perceive the new things that God is doing to help you to do what you cannot do by yourself.

**Noon text:** As the day moves along, remember that there is always time to pause, take a breath, notice God's presence, and notice who you can love and serve around you.

**Evening Text:** God, thank you for being patient for my sake. I know the joys and struggles of this day will lead to wisdom and a hope-full story that professes Your love.

## **Thursday February 6**

*Scripture: Lamentations 3:22-24 The steadfast love of the Lord never ceases; God's mercies never come to an end; they are new every morning; great is your faithfulness. "The Lord is my portion," says my soul, "therefore I will hope in God."*

**Morning Prayer:** God, I am grateful for your abundant and tenacious love. Help me to see that when I feel unloved or unlovable, that you give me all I need and more and every day is a new day of

opportunity to spread your love. Help me to feel the fearlessness of confidence in your love and support. I pray that I can show this to all that see me and help to be a light in this world that can help bring the fullness of your glory. May it be so.

**Morning Focus:** God is always doing new things. They are springing up all around you. All you have to do is keep your eyes, ears, and mind open to perceive the new things that God is doing to help you to do what you cannot do by yourself.

**Noon Text:** Have I lived this day seeing with eyes of renewed faith and love? I will express my appreciation through kindness to all.

**Evening Text:** I now rest having spent my day in the comfort of the Lord. I will rest knowing well that I am replenished constantly with God's love.

### **Friday February 7**

*Scripture: Revelation 21:5 And God who was seated on the throne said, "Behold, I am making all things new." Also he said, "Write this down, for these words are trustworthy and true."*

**Morning Prayer:** God, this scripture speaks to me on a couple of levels. If there are things that I believe need changing, it is possible. I can and should learn from my past and effect changes to build what is right and just and true. When I observe actions that are unjust - that are marginalizing people for reasons of prejudice based on race, religion, gender/gender identity, or birthplace I will act to be part of making change. The reason I can be confident in this is the second part – You are trustworthy and true. Your love and grace give me strength, help me endure when I want to give up. You never give up and that helps me to never give up. May it be so.

**Morning Focus:** God is always doing new things. They are springing up all around you. All you have to do is keep your eyes, ears, and mind open to perceive the new things that God is doing to help you to do what you cannot do by yourself.

**Noon Text:** Pause for a moment and take stock. Are there things in your life that should be made new? You can do it because God is with you and gives you strength.

**Evening Text:** God, it is in Your love and grace that I can now rest, and renew myself to prepare for whatever tomorrow brings. In You I am made new.

### **Saturday February 8**

*Scripture: Psalm 86:6-7 Listen closely to my prayer, O Lord; hear my urgent cry. I will call to you whenever I'm in trouble, and you will answer me.*

**Morning Prayer:** There's a part of me that feels ashamed, God, when I think of the many times I've called out to you "Lord help me!" in times of trouble. Our culture seems to encourage, almost demand and celebrate, self-reliance and sometimes I allow myself to fall victim to it. I'm learning God, that much of the tension I feel in times of trouble is of my own doing living in my head trying to handle it. It's like being caught in a squirrel cage going round and round with no end in sight. Help me God, to resist the temptation to isolate and go it alone. Stay with me and encourage me to accept the love and support You always provide by way of my community consisting of family and friends. You've never failed to answer my cries. It may not be the answer I was looking for, but you always answer. When I'm open to it and I accept it, it never fails that with Your support, whatever the problem, finds resolution. May it always be so.

**Morning Focus:** God is always doing new things. They are springing up all around you. All you have to do is keep your eyes, ears, and mind open to perceive the new things that God is doing to help you to do what you cannot do by yourself.

**Noon Text:** Pause and assess. Feeling tense? Anxious? Breathe in slowly and deeply saying to yourself "I am not alone." Release slowly saying to yourself "God is with me."

**Evening Text:** Thank you, God, for staying with me throughout the day. I can rest well knowing I am never alone for You're always with me and one step ahead paving the way.